



CALIFORNIA CENTER
for Infant-Family and Early Childhood Mental Health
at WestEd Center for Prevention & Early Intervention



Foundations of Infant-Family
and Early Childhood Mental
Health Training
Course: Our Journey Together,
an Orientation
Date: September 16, 2017

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Early Childhood Mental Health Program,
Early Intervention Services
Transdisciplinary Mental Health
Practitioners (TMHP) Series

Welcome!

As we start our journey...



- What you're taking with you? (what you already know)

- What you hope to learn? (expectations)

What we are doing today

- Knowledge Area D: Risk and Resilience 3 hours
- Knowledge Area G: Interdisciplinary/Multidisciplinary Collaboration 2 hours
- **Objectives:**
 - To become familiar with the knowledge areas and get an overview of the key concepts and competencies that will be learned in the seminar series.
 - To be oriented with the expectations for this seminar series and will have a chance to ask questions.
 - To learn how to navigate various websites and obtain ideas on how to use websites to enhance their work.

A Few Words About the Syllabus

Readings September 16, 2017	Optional Readings & Further Exploration	Reflective Question(s)
<p>Written Materials:</p> <ul style="list-style-type: none"> • Communication Guidelines for Multicultural Interactions. (Early Intervention Services—HANDOUT ARTICLE) • California Training Guidelines and Personnel Competencies for Infant Family and Early Childhood Mental Health-Compendium <p>Websites/Video Clips/ Podcasts:</p> <ul style="list-style-type: none"> • Video: Core concepts in Early Development: Serve & Return Interaction Shapes Brain Circuitry. <i>Center on the Developing Child, Harvard University</i> http://developingchild.harvard.edu/resources/three-core-concepts-in-early-development/ • Video Change the First Five Years. https://www.youtube.com/watch?v=4zaF96H8ENw • Video Brain Builders: https://www.youtube.com/watch?v=OQTfnnYB7i0&t=54s 	<p>For further exploration this month spend time on the suggested websites on page 3.</p>	<p>Reflective Question(s):</p> <ol style="list-style-type: none"> 1. In what ways does working with infants, young children and families seem important to you and your community? 2. What terms or concepts were new or unclear would you like to talk about more? 3. What thoughts come up for you as you consider the multitude of internal and external factors that can impact a child's development and well-being? 4. What are you most curious about as you begin to take on more in-depth learning about infants, young children or families?

What this training will emphasize

- Relationships with self and others
- Social emotional development
- Reflective practice
- Multi-disciplinary approaches and cultural context



Video

Video Change the First Five Years

<https://www.youtube.com/watch?v=4zsF96H8ENw>

It's a long journey, how do we support each other?



Communication Guidelines for Multicultural Interactions



Center for the Developing Child

centerforthedevelopingchild.org

Zero To Three

zerotothree.org

The National Child Traumatic Stress Network

<https://www.nctsn.org>

**Early Childhood Learning and
Knowledge Center**

<https://eclkc.ohs.acf.hhs.gov/>

**National Association for the Education
of Young Children**

<http://www.naeyc.org/>

Key concepts and competencies



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cacenter-ecmh.org

What's a genogram and how can it be useful?



Infant, Toddler, and Preschool Social Emotional Development

Typical social-emotional development in infancy,
toddler, and/or preschool periods

- **Group Activity**

Biological and Psychosocial Factors Impacting Outcomes Risk and Resiliency

- Mateo is a 4 year old boy preschooler who started just a few a weeks ago. He struggles with following routine and playing with other children. He is easily upset and has at times hit the teacher and other children. The teachers worry most about his frequent running away toward the door.
- The Family Services Advocate is worried because mom is very anxious. She frequently checks on Mateo through the window. She has another 16 month old baby who had a twin who died in utero.
- Mom cried as she complained that the teachers are not attentive enough to Mateo's needs.

Observation, Screening, and Assessment Diagnosis and Intervention

Video:

<https://youtu.be/qwTY7fPirrQ>

Interdisciplinary/ Multidisciplinary Collaboration

- Understanding the roles of other providers in working with young children and families
- Respecting boundaries of practice
- Community resources
- Working together with other providers to create an integrated plan
- Collaborating to prioritize child and family needs

Our Journey Together...



write what you hope to learn more about in
our journey together