

# TEACHING PARENTING THE POSITIVE DISCIPLINE WAY

Friday AND Saturday, Sept. 28th AND 29th, 8:30am-4:30pm  
Watsonville Community Hospital – Conference Room #1  
75 Nielson Street, Watsonville, CA 95076



**This 2-day Positive Discipline Training and Certification is designed for:**  
Parents, Family Service Providers, Social Workers, Medical Professionals, & Therapists  
13 Hours of CE (Continuing Education) Offered for Professional Development

Teaching Parenting the Positive Discipline Way (developed by Lynn Lott and Jane Nelsen) is a research-based parent education program that provides a step-by-step approach to starting and leading experientially based parenting groups. This program stands alone or offers significant enhancement to any program. It provides experiential activities that reach the heart to inspire deeper understanding and change. Research has demonstrated the importance of social and emotional learning, even above academics.

**Participants in this workshop will:**

1. Learn research based effective tools and techniques for teaching parents how to use discipline that is kind and firm at the same time (non-punitive, non-permissive).
2. Learn how to facilitate a parent class from the position of a non-expert.
3. Gain practice with experiential exercises that help parents go beyond intellectual understanding to be able to respond in empowering ways that teach children.
4. Learn how to use materials and activities in group settings, parenting classes and individual work with families.

**Facilitated by:** Jane Weed-Pomerantz, Certified Positive Discipline Lead Trainer

\$375 per participant (includes manual, book, materials, PDA certification, and CE credit hours)

Scholarships, Discounts, and Group Rates May Be Available

Register at <http://www.pdcrc.org/trainings-schedule/> or call PDCR at 831-476-7284 x107



### About the Facilitator



Jane Weed-Pomerantz is the Co-founder of Positive Discipline Community Resources (PDCR), its first Board President, a seasoned facilitator in correctional facilities, and an experienced teacher trainer in school settings in districts throughout many counties. Jane is also former Mayor of the City of Santa Cruz, the wife of a retired firefighter, and the mother of four wonderful now adult children.

### Discounts

Some discounts are available, especially for teachers at schools who have been trained in PD. Also, anyone who takes this training as a refresher is allowed to sign up for only \$125 (not including materials).

### Special Needs/Accommodations

If you have any special accommodation needs, please contact **Jane Weed-Pomerantz** at **jweedpomerantz@gmail.com** in advance.

### Cancellation by Participants/Refund Policy

Workshop Registrations: A full refund (minus a \$35 processing fee) will be given when the request for a refund is made up to 30 days prior to the first day of a workshop. Refunds are not available for cancellations less than 30 days before a workshop. However, paid registrants can transfer to another workshop within one year at no additional cost. Refunds are not available after a transfer is made or if you do not provide advanced notice that you will not be attending the workshop. In the event of cancellation, participants will be notified by email. Please visit <https://www.positivediscipline.org/page-1034509> for info.

### 13 Continuing Education Credit Hours are Approved

The Positive Discipline Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No. 6723. This program also is co-sponsored by the North American Society of Adlerian Psychology (NASAP).

