# First 5 Monterey County Early Learning Opportunities

## 2011-12 Parent Interview Databook

Databook prepared August 2012

Prepared for



Prepared by



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## **Parent Interview Sample**

utilization see Exhibits 42 and 43).

- Total Parent Interview sample at the start of the evaluation = 206 randomly selected newly enrolled parents with children five years of age and younger<sup>1</sup>
  - 172 interviews were completed at Time 2 which equaled an 83 percent retention rate.
- This sample is representative of families that were newly enrolled from September 2010 through February 2011. (Newly enrolled = families that were enrolled in a First 5 Monterey County (F5MC) program within the previous three months.) Time 2 interviews were conducted from December 2011 – April 2012.

Exhibit 1 Devent Interview contact cummons

Exhibit 1. Parent Interview contact summary					
Number of surveys	Percentage of Total				
completed	Sample (N=206)				
172	83.0%				
Reasons for not participating	Number of families				
Unable to reach*	16				
No valid number**	14				
Refused/Declined to participate	4				
*Families were contacted multiple times, but were unable to speak with or schedule an appointment **In addition to reaching out to additional contacts, funded					

partners were also contacted. No valid number was obtained

The F5MC programs listed in Exhibit 2 represent the newly enrolled survey participants' initial entry point into F5MC services. In many cases these parents participate in multiple F5MC programs (For a

#### Exhibit 2. First 5 Monterey County entry points represented by the Parent Interview Sample

complete listing of F5MC program types represented in this study please see Appendix B and for service

	Frequency	Percent
Special Needs Initiative/Go Kids	64	31.1
Alisal FRC	57	27.7
Salinas Adult School	17	8.3
Cabrillo FRC/Monterey Peninsula School District	16	7.8

<sup>&</sup>lt;sup>1</sup> Due to missing responses on some survey items, the tables may not necessarily contain the full sample for all analyses. Additionally, some items had skip conditions (some respondents were not asked the questions because they did not apply) and as a result the valid sample will be smaller than the full sample for those items.

	Frequency	Percent
MCSTART/Door to Hope	12	5.8
Castro Plaza FRC/N. Monterey School District	10	4.9
Pajaro FRC/School District	10	4.9
King City FRC/School District	7	3.4
Monterey County Probation/CAP	4	1.9
Monterey County Behavioral Health/Secure Families	4	1.9
Soledad Adult School/PAT	2	1.0
Centro Binacional	2	1.0
Easter Seals PLAY	1	.5
Total	206	100.0

Source: First 5 Monterey County Persimmony database, 2011 •Service data is missing from five survey participants in Persimmony.

• Exhibit 3 represents survey participants' total utilization and/or access to F5MC programs at the baseline period of the Parent Interview..

## Exhibit 3. *F5MC* programs utilized by service participants within their first three months of enrollment'

	Frequency**	Percent
Salinas Union High School District – Salinas Adult School	621	22.2
Go Kids - Special Needs Initiative	465	16.6
Alisal Unified School District – Alisal Healthy Start Family Resource Center	427	15.2
Monterey Peninsula Unified School District - Family Connections at Cabrillo Family Resource Center	402	14.3
Door to Hope – MCSTART (Monterey County Screening Team for Assessment, Referral and Treatment)	217	7.7
North Monterey Unified School District - Castro Plaza Family Resource Center Family Early Learning Program	181	6.5
King City Union School District – King City Family Resource Center	111	4.0
Go Kids - Family Friends and Neighbors	78	2.8
Monterey Peninsula Unified School District – Family Connections at Marina Del Mar Playgroup	78	2.8
Monterey County Health Department - Behavioral Health Secure Families	61	2.2

	Frequency**	Percent
Referrals	47	1.7
Monterey County Probation Dept - Child Advocate Program	34	1.2
Unspecified	30	1.1
Pajaro Valley Unified School District – Pajaro Healthy Start Resource Center	24	.86
Soledad Unified School District – Soledad Adult School	11	.39
Easter Seals Central California – PLAY (Play and Language for Autistic Youngsters ) Project	10	.36
Centro Binacional	4	.14
Parent Kits	2	.07
TOTAL	2,803	100

'Type of utilization and/or access of programs varies, including, but not limited to referrals, phone calls, home visits, receipt of a kit, consultation, etc. "Frequency equals one service unit and is not standardized. Frequencies and can range from one 15 minute

service to one three hour service.

## **Family Characteristics**

#### Exhibit 4. Age of children in Parent Interview sample

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=206)	Year 2 Percent (n=172)
0-2 years	109	38	52.9	22.1
3-4 years	80	73	38.8	42.4
5-7 years	17	61	8.3	35.5

Year 1 average age of children (n=206) = 2.6 years

Year 2 average age of children (n=172) = 3.9 years

Exhibit 5. Child 5 Ethnicity							
	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=198)	Year 2 Percent (n=171)	Medi-Cal Births in Monterey County•		
Hispanic	181	159	91.4	93.0	90.4		
White, Non-Hispanic	7	4	3.5	2.3	5.5		
Multiracial/biracial	9	8	4.5	4.7	.73		
Black/African American	0	0			1.2		
Asian	0	0			1.8		
Indigenous/Native American	0	0			20		
Other race	1	0	0.5		.38		

#### Exhibit 5. Child's Ethnicity

• Source: State of California Department of Public Health, Birth Statistical Master File, 2009

#### Exhibit 6. Child's Ethnicity (3 categories)

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=198)	Year 2 Percent (n=171)
Hispanic	181	159	91.4	93.0
White, Non-Hispanic	7	4	3.5	2.3
Other	10	8	5.1	4.7

				5	
Ethnicity	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=205)	Year 2 Percent (n=168)	Medi-Cal Births in Monterey County*
Hispanic	190	157	92.7	93.5	90.4
White, Non-Hispanic	8	6	3.9	3.6	5.5
Asian	0	0			1.8
Black	0	0			1.2
Multiracial/biracial	5	4	2.4	2.4	.73
American Indian	2	1	1.0	0.6	20
Other	0	0			.38
Immigrant Status			n=204	n=170	
Not immigrant	39	35	19.1	20.6	
Immigrant	165	135	80.9	79.4	
Recent Immigrant ++			n=165	n=135	
No	164	134	99.4	99.3	
Yes	1	1	0.6	0.7	

### Exhibit 7. Mother's Ethnicity and Immigrant Status

• Source: State of California Department of Public Health, Birth Statistical Master File, 2009

\*\*Equal to or less than one year and ten months in the United States

In Year 1, mothers' average age was 30.1 (n=198).

In Year 2, mothers' average age was 31.2 (n=168)

#### Exhibit 8. Mother's Educational Attainment

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=199)	Year 2 Percent (n=169)	2010 Monterey County Births – Mother's Education
8th grade or less	101	80	50.8	47.3	23.5
Some High School	35	34	17.6	20.1	16.7
High school diploma or GED, some voc/tech	33	31	16.6	18.3	18.3
Voc/Tech diploma/Associate degree	25	14	12.6	8.3	
Bachelor degree	5	9	2.5	5.3	41.5
Graduate degree	0	1		.6	

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=199)	Year 2 Percent (n=169)
Less than high school	136	114	68.3	67.5
High school or equivalent	34	45	17.1	26.6
More than high school	29	10	14.6	5.9

## Exhibit 9. Mother's Educational Attainment (3-level)

## Exhibit 10. Mother's Employment Status

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=206)	Year 2 Percent (n=172)
Working full-time	22	23	10.7	13.4
Working part-time	27	25	13.1	14.5
Looking for work	28	1	13.6	0.6
Not in labor force	122	118	59.2	68.6
Mother not in household	7	5	3.4	2.9

## Exhibit 11. Father's Ethnicity and Immigrant Status

Ethnicity	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=202)	Year 2 Percent (n=168)	2010 Monterey County Births – Father's race/ethnicity•
Hispanic	184	157	91.1	91.3	72.6
White, Non-Hispanic	9	5	4.5	3.0	19.4
Asian	1	1	.5	.6	4.6
Black	1	1	.5	.6	2.7
Multiracial/biracial	5	3	2.5	1.7	
American Indian	0	0			0.7
Other	2	1	1.0	.6	
Immigrant Status			n=197	n=168	
Not immigrant	36	31	18.3	18.5	
Immigrant	161	137	81.7	81.5	
Recent Immigrant 🔸			n=137	n=123	
No	136	120	99.3	97.6	
Yes	1	3	0.7	2.4	

• Source: 2008 Monterey County Birth Outcomes, Monterey County Health Department

\*\*Equal to or less than one year and ten months in the United States

- In Year 1, on average, fathers were 33.2 years old (n=175).
- In Year 2, on average, fathers were 34.5 years old (n=153)

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent	Year 2 Percent	2010 Monterey County Births – Mother's Education
8th grade or less	104	93	60.5	61.6	24.4
Some High School	28	24	16.3	15.9	20.0
High school diploma or GED, some voc/tech	27	21	15.7	13.9	20.5
Voc/Tech diploma/Associates degree	7	8	0.6	5.3	
Bachelor degree	5	4	2.9	2.6	35.0
Graduate degree	1	1	0.6	0.7	

### Exhibit 12. Father's Educational Attainment (n=151)

Note: In Year 1, 20 respondents did not know father's education. In Year 2, 21 respondents did not know father's education.

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=172)	Year 2 Percent (n=151)
Less than high school	132	117	76.7	77.5
High school or equivalent	28	29	16.3	19.2
More than high school	12	5	7.0	3.3

### Exhibit 13. Father's Educational Attainment (3-level)

### Exhibit 14. Father's Employment Status

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=203)	Year 2 Percent (n=171)
Working full-time	77	65	38.0	38.0
Working part-time	13	18	6.4	10.5
Looking for work	28	7	13.8	4.1
Not in labor force	35	37	17.2	21.6
Father not in household	50	44	24.6	25.7

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=200)	Year 2 Percent (n=170)
8th grade or less	90	66	45.0	38.8
Some High School	35	35	17.5	20.6
High school diploma o GED, some voc/tech	r 41	38	20.5	22.4
Voc/Tech diploma/Associates degree	24	19	12.0	11.2
Bachelor degree	9	11	4.5	6.5
Graduate degree	1	1	0.5	0.6

## Exhibit 15. Parent's Educational Attainment+

•Note: Calculated by taking highest educational attainment between mothers and thers.

## Exhibit 16. Parent's Educational Attainment (3-level)

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=200)	Year 2 Percent (n=170)
Less than high school	125	101	62.5	59.4
High school or equivalent	43	57	21.5	33.5
More than high school	32	12	16.0	7.1

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Ethnicity	Year 1 Frequency		Percent	Year 2 Percent (n=7)
White, Non-Hispanic	4	3	44.4	42.9
Hispanic	4	3	44.4	42.9
Multiracial/biracial	1	1	11.1	14.3
Black	0	0		
Other race	0	0		
Immigrant Status				
Not immigrant	5	4	55.6	57.1
mmigrant	4	3	44.4	42.9
Recent Immigrant				
No	4	3	100.0	100.0
Yes	0	0		

### Exhibit 17. Other caregiver's + ethnicity and immigrant status

•These are primary caregivers who did not identify themselves as the child's mother or father.

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=205)	Year 2 Percent (n=170)
Two-parent household•	176	147	85.9	86.5
Single-parent household•	28	21	13.2	12.4
Unknown	2	2	1.5	1.2

• This includes biological and adoptive parents.

- In Year 1, Family size ranged from 2 to 11. The average family had 5 members (Median=5).
- In Year 2, Family size ranged from 2 to 10. The average family size had 5 members (Median = 5).

Number of Languages Spoken to children	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=206)	Year 2 Percent (n=171)
1 language	135	104	65.5	60.8
2 languages	69	66	33.5	38.6
3 languages	2	1	1.0	0.6
Languages Spoken to Children				it of all illies
Spanish	189	156	91.7	91.2
English	84	79	40.8	46.2
Indigenous Mexican	3	3	1.5	1.8
Other language*	3	1	1.5	0.6

#### Exhibit 19. Languages Spoken to Children

\* Other languages include Japanese, American Sign Language, and Tagalog.

#### **Exhibit 20. Family Income**

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=146)	Year 2 Percent (n=124)	American Community Survey 2009
\$15,000 or less	49	23	33.6	18.5	6.6
\$15,000 to \$30,000	57	64	39.0	51.6	17.9
\$30,000 to \$50,000	26	30	17.8	24.2	13.7
\$50,000 or more	14	7	9.6	5.6	61.9

Note: In Year 1, 60 respondents did not know family income. In Year 2, 48 respondents did not know family income.

#### **Exhibit 21. Poverty Status**

	Year 1 Basel	ine (n=146)	Year 2 Basel	ine (n=124)
Poverty Level	Frequency	Percent	Frequency	Percent
At or below	99	67.8	70	56.5
Above	47	32.2	54	43.5

15.0 percent of the population of families with children under 18 in Monterey County live below the Federal Poverty Level. Of those, 45.4 percent are families with children 0-5 years. (American Community Survey, 2009, US Census). [need to update with Census 2010 data]

## **Child Health**

#### Exhibit 22. Does Child Have Health Insurance?

	Year 1 Baseline (n=206)		Year 2 Baseli	ine (n=170)
	Frequency	Percent	Frequency	Percent
Yes	198	96.1	166	97.6
No	8	3.9	4	2.4

- 48.8 percent (79) noted that a program/agency in Monterey County helped them enroll in health insurance.
- Among those who reported having health insurance, the largest proportion (89.8 percent) had government/public health insurance, followed by employer-sponsored insurance (7.8 percent), and private pay (1.8 percent).
- About fourteen percent (13.9 percent) reported having difficulty accessing health care due to their health insurance coverage.

	Year 1 Baseli		K-ups in the Past Y Year 2 Baseli	
	Frequency Percent		Frequency	Percent
Never	2	1.0	4	2.4
Once or twice	116	58.3	120	70.6
3-4 times	43	21.6	31	18.2
5-9 times	28	14.1	14	8.2
10 times or more	10	5.0	1	0.6

## Exhibit 23. Number of Routine Check-ups in the Past Year

- **98 percent of children** reportedly received a medical check up at least once in the past year.
- In Monterey County in 2007, 98.6 percent of children ages 0-5 visited a medical doctor within the past 12 months (source: CHIS, 2009).

Exhibit 24. Does Child Have Dental Insurance?							
	Year 1 Baseline (n=206) Year 2 Baseline (n=172)						
	Frequency	Percent	Frequency	Percent			
Yes	154	74.8	155	90.1			
No	30	14.6	8	4.7			
Don't know	22	10.7	9	5.2			

- Of those who reported having dental coverage, 91.0 percent reported having government/public insurance followed by employer-sponsored coverage (8.4 percent, and private pay (0.6 percent).
- 50.3 percent of those with dental coverage reported that an agency or program in Monterey County helped them with enrollment.

#### Exhibit 25. Has child been to the dentist or dental hygienist in past year?

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=206)	Year 2 Percent (n=172)
Yes	127	142	61.7	82.6
No	77	30	36.3	17.4
Don't know	2	0	2.0	

#### Exhibit 26. Has parent been told child has special need or disability?

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=205)	Year 2 Percent (n=172)
Yes	21	26	10.2	15.1
No	184	146	89.8	84.9
Does child have IEP/IFSP?			n=21	n=26
Yes	10	15	47.6	57.7
No	9	10	42.9	38.5
Don't know	2	1	9.5	3.8

• Of those who reported having an IEP/IFSP plan, 100 percent (15) reported that a person or agency supported them at the IEP/IFSP meeting.

- Ten reported that another agency/service provider helped (ASPIRA NET, child's teacher, Headstart, Kaiser psychologist, Sandra Arriola, social worker)
- Five reported that a First 5 funded program helped

## **Early Care and Education**

5.8 percent (n=10) of children were currently receiving childcare in a private home from a non-relative on a regular basis. Children on average receive private home care 23.7 hours per week (compared to 32.6 hours at Time 1).

Exhibit 27. Parent satisfaction with non-relative child care						
			Somewhat			
		Not satisfied	satisfied	Satisfied	Don't know	
Helping child to grow and develop	Year 1 (n=11)	9.1	18.2	72.7		
Helping child to grow and develop	Year 2 (n=9)			100		
Being open to your ideas and	Year 1 (n=11)		36.4	63.6		
participation	Year 2 (n=9)			100		
Supporting and respecting your	Year 1 (n=11)		18.2	72.7	9.1	
family's culture and background	Year 2 (n=9)			100		
Maintaining cafe environment	Year 1 (n=11)		18.2	81.8		
Maintaining safe environment	Year 2 (n=9)			100		
Droparing child to optor kindorgarton	Year 1 (n=9)	55.6	11.1	33.3		
Preparing child to enter kindergarten	Year 2 (n=8)		25.0	75.0		

## Exhibit 27. Parent satisfaction with non-relative child care

On a scale from 1 to 3 ("3" being satisfied), respondents (n=9) on average rated their satisfaction with their family child care provider at 3.0.

41.7 percent (n=50) (compared to 28.9 percent at Time 1) of children 3 years and older were attending a preschool, child care center, pre-kindergarten, or Head Start center regularly at the time of the survey. Children on average attended these centers 17.4 hours per week.

		Not satisfied	Somewhat satisfied	Satisfied	Don't know
	Year 1 (n=28)		3.6	96.4	
Helping child to grow and develop	Year 2 (n=50)		2.0	96.0	2.0
Being open to your ideas and	Year 1 (n=28)	3.6	3.6	92.9	
participation	Year 2 (n=50)		2.0	96.0	2.0
Supporting and respecting your	Year 1 (n=28)		3.6	92.9	3.6
family's culture and background	Year 2 (n=50)			98.0	2.0
Maintaining cafe environment (n. 11)	Year 1 (n=28)			100.0	
Maintaining safe environment (n=11)	Year 2 (n=50)		2.0	96.0	2.0
Dropaving child to anter kindergerten	Year 1 (n=28)	3.6	3.6	89.3	3.6
Preparing child to enter kindergarten	Year 2 (n=50)			98.0	2.0

#### Exhibit 28. Parent satisfaction with preschool or center-based care

 On a scale from 1 to 3, respondents (n=49) on average ranked their satisfaction with their early childhood education provider at 3.0.

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=38)	Year 2 Percent (n=58)	Head Start FACES 2003
None	0	0			2.1
One	25	51	89.3	87.9	65.2
Two	3	6	10.7	10.3	23.3
Three	0	0			9.4
Four	0	1		1.7	

## Exhibit 29. Total Number of Child Care Arrangements

## **Parent and Caregiver Capacity**

## **Parent-child Activities**

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=167)	Year 2 Percent (n=170)
Not at all in last week	6	2	3.6	1.2
Once or twice	32	22	19.2	12.9
Three or more	53	62	31.7	36.5
Every day	76	84	45.5	49.4

#### Exhibit 30. Frequency Respondent Read to Child

### Exhibit 31. Parent-Child activities done in the past week

Parent-Child Activity		none	1 or 2 times	3 or more times
	Year 1 (n=168)	2.4	9.5	88.1
Played with toys or indoor games	Year 2 (n=170)		8.8	91.2
Helped child learn letters, words or	Year 1 (n=135)	3.0	17.0	80.0
numbers+	Year 2 (n=143)		16.8	83.2
Sung conge or music to or with shild	Year 1 (n=168)	9.5	20.8	69.6
Sung songs or music to or with child	Year 2 (n=156)		19.2	80.8
	Year 1 (n=168)	12.5	18.5	68.5
Played any outdoor games or sports	Year 2 (n=156)		30.8	69.2
Played counting games like singing	Year 1 (n=135)	20.7	22.2	56.3
songs or reading books with numbers+	Year 2 (n=133)		27.1	72.9
Talked about what happened in	Year 1 (n=126)	40.5	15.1	44.4
preschool or early education program•	Year 2 (n=102)		29.4	70.6
Told child a ctony	Year 1 (n=168)	19.6	39.3	41.1
Told child a story	Year 2 (n=151)		38.4	61.6
Watched a children's mayin to gether	Year 1 (n=135)	8.9	48.9	41.5
Watched a children's movie together+	Year 2 (n=102)		57.9	42.1
Talked about tv, radio programs or	Year 1 (n=135)	40.7	27.4	31.9
videos	Year 2 (n=99)		45.5	54.5
Cooled or proported most togethere	Year 1 (n=135)	29.6	43.0	27.4
Cooked or prepared meal together •	Year 2 (n=104)		57.7	42.3

•These questions were asked only if child was two years or older ••source: FACES, Fall 2003

- Parents or caregivers averaged doing **five** activities with children three or more times a week (compared to four at Time 1) and 2.5 activities 1-2 times a week (compared to 1.8 activities at Time 1) (n=172).
- Parents reported that their children watched an average of 1.8 hours of television per day.

## **Parent Emotional Well-being**

The parent emotional well-being scale listed in Exhibit 32 below should be interpreted as follows:

- The score for the *Emotional Support Subscale from MOSS*, represents the average of all seven subscale items (Exhibit 33). The mean score ranges from one to five.
  - A higher score indicates that the parent received greater emotional support, therefore **a** higher score is more desirable.

Scale		n	Mean
	Year 1	206	3.3
Emotional Support Subscale Score from MOSS (1 to 5)		172	3.6

Exhibit 33. Emotional	Support
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How often is someone available		None	Little	Some	Most	All
to confide in or talk to about yourself or	Year 1 (n=206)	9.2	19.9	20.4	13.6	36.9
your problems?	Year 2 (n=172)	6.4	13.4	21.5	15.7	43.0
to share your most private worries and	Year 1 (n=206)	12.6	18.4	19.4	16.5	33.0
fears with?	Year 2 (n=172)	8.1	15.7	18.6	15.7	41.9
that you can count on to listen to you	Year 1 (n=206)	9.8	12.7	29.3	17.6	30.7
when you need to talk?	Year 2 (n=172)	2.3	12.8	23.8	18.6	42.4
	Year 1 (n=206)	11.2	17.5	26.7	18.0	26.7
whose advice you really want?	Year 2 (n=172)	5.8	21.5	25.0	13.4	34.3
to give you information to help you	Year 1 (n=206)	7.4	20.1	33.8	15.2	23.5
understand a situation?	Year 2 (n=172)	2.3	15.7	26.2	19.8	36.0
who understands your problems?	Year 1 (n=206)	11.7	25.2	24.3	15.5	23.3
who understands your problems?	Year 2 (n=172)	5.2	20.9	23.8	13.4	36.6
to turn to for suggestions about how to	Year 1 (n=206)	13.6	21.8	25.7	16.0	22.8
deal with a personal problem?	Year 2 (n=172)	7.0	18.6	27.3	15.1	32.0

The parent emotional well-being scale listed in Exhibit 34 below should be interpreted as follows:

- The score for the *Parental Distress Subscale* of the *Parenting Stress Inventory Short Form*, represents the average of all seven subscale items (Exhibit 34). The mean score ranges from one to five.
  - A higher score indicates <u>lower</u> levels of parental distress, therefore a higher score is more desirable.

Scale		n	Mean	Published Mean
Parenting Stress Inventory Short Form,	Year 1	206	3.5	2.35
Parental Distress Subscale (1 to 5)	Year 2	170	3.6	2.35

#### Exhibit 34. Parent Emotional Well-being Scale: Parental Distress

Note: The published mean from the Parental Distress scale was for a normative sample of 185 parents from a broad range of backgrounds (Haskett et al, 2006).

		Strongly agree	Agree	Not sure	Disagree	Strongly disagree
I feel alone and without friends	Year 1 (n=206)	3.9	17.9	4.9	60.5	13.2
Theel alone and without mends	Year 2 (n=172)	1.2	17.4	4.1	62.8	14.5
There are quite a few things that bother me	Year 1 (n=206)	2.9	17.6	6.8	59.5	13.2
about my life	Year 2 (n=172)	1.7	15.7	7.0	62.2	13.4
I don't oniou things as Lusad to	Year 1 (n=206)	2.4	22.4	3.4	59.0	12.7
I don't enjoy things as I used to	Year 2 (n=172)	1.2	16.3	6.4	65.7	10.5
I feel trapped by my responsibilities as a	Year 1 (n=206)	3.4	24.4	3.4	54.1	14.6
parent	Year 2 (n=172)	1.7	13.4	7.6	66.3	11.0
Since having a child, I feel that I am almost	Year 1 (n=206)	0.5	25.9	6.3	54.6	12.7
never able to do things that I like to do	Year 2 (n=172)	0.6	22.1	3.5	61.6	12.2
Since having a child, I have been unable to	Year 1 (n=206)	4.4	27.0	5.9	52.0	10.8
do new and different things	Year 2 (n=171)	2.3	24.6	5.3	59.1	8.8
I find myself giving up more of my life to	Year 1 (n=206)	12.7	32.7	7.3	39.5	7.8
meet my child's needs than ever expected	Year 2 (n=171)	8.8	30.4	9.4	42.7	8.8

### Exhibit 35. Parenting stress

27.8 percent (n=47) of mothers and 19.3 percent (n=28) of fathers attended programs, courses, classes, or workshops for personal, vocational or professional development (not necessarily a F5MC program) in the past 12 months.

## Services and Essential Program Characteristics

The data presented in this section represent responses regarding First 5 Monterey County programs and services.

48.3 percent (n=83) participants responded that they were still receiving services from First 5 funded partners at the time of the interview. 9.4 percent were also receiving services from an additional funded partner(s).

	Frequency	Percent
I no longer needed the service	22	25.3
Program didn't follow up with or contact me about participation	18	20.7
Hours made it difficult for me to participate	10	11.5
We moved from the area	9	10.3
Location made it difficult for me to participate	7	8.0
Graduated/completed program	7	8.0
Child aged out	6	6.9
Program couldn't meet my child's needs	3	3.4
Center closed	3	3.4
Staff did not communicate in a language I felt comfortable with	1	1.1
Other	11	12.6

#### Exhibit 36. Reasons for not participating in F5 program any longer (n=87)

Other responses included: personal reasons, not well organized, started school, changed daycare, child no longer with parent

- Among those who no longer participate, **93.1 percent** (82) responded that the program was important to them, (n=88).
- Among those who continue to participate, **all** (n=83) responded that the program is important to them

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=206)	Year 2 Percent (n=82)
Agency's location	109	45	52.9	54.9
Client home	65	24	31.6	29.3
Child's school	60	11	29.1	13.4
Community fair or other public space	3	7	1.5	8.5
Other•	1	1	0.5	1.2

## Exhibit 37. Locations respondents received F5MC services

•Year 2 – "parent's school

Exhibit 38. Number of Service Locations utilized by respondent					
	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=206)	Year 2 Percent (n=82)	
1 location	175	69	85.0	84.1	
2 locations	30	12	14.6	14.6	
3 locations	1	1	0.5	1.2	

#### Exhibit 38. Number of Service Locations utilized by respondent

### Exhibit 39. Are Services Available for Other Family Members at Funded Partner?

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=206)	Year 2 Percent (n=82)
Yes	70	33	44.7	40.2
No	92	29	34.0	35.4
Don't know	44	20	21.4	24.4

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=70)	Year 2 Percent (n=33)
Parent and child play groups	28	17	40.0	51.5
Family literacy activities	25	11	35.7	33.3
Adult classes	24	13	34.3	39.4
Child care	17	10	24.3	30.3
Resource and referral	14	5	20.0	15.2
Parent council	11	7	15.7	21.2
Other activity	9	12	12.9	36.4
Family outings	4	4	5.7	12.1
Men's group	4	5	5.7	15.2

### Exhibit 40. Services Available through Funded Partner for Other Family Members

#### Exhibit 41. Participant Satisfaction with Services

	Never	Sometimes	Always	Don't know
Year 1 (n=206)	1.5	5.4	92.6	
Year 2 (n=172)		4.7	94.8	0.6
Year 1 (n=206)	1.9	5.3	91.3	1.5
Year 2 (n=172)		2.9	96.5	0.6
o Year 1 (n=206)	1.0	7.8	89.8	1.5
Year 2 (n=172)	0.6	9.3	89.5	0.6
Year 1 (n=206)		10.7	88.8	.5
Year 2 (n=172)	0.6	7.6	91.3	0.6
Year 1 (n=206)	0.5	10.2	88.3	1.0
Year 2 (n=172)		11.0	88.4	0.6
Year 1 (n=206)	0.5	8.7	88.3	2.4
Year 2 (n=172)		5.8	92.4	1.7
Year 1 (n=206)	1.5	13.1	84.0	1.5
Year 2 (n=172)	0.6	13.4	85.5	0.6
Year 1 (n=206)	1.9	11.2	75.7	11.2
Year 2 (n=172)	1.7	12.8	82.0	3.5
	Year 2 (n=172) Year 1 (n=206) Year 2 (n=172) Year 1 (n=206)	Year 1 (n=206)       1.5         Year 2 (n=172)          Year 1 (n=206)       1.9         Year 2 (n=172)          p Year 2 (n=172)       0.6         Year 1 (n=206)          p Year 2 (n=172)       0.6         Year 1 (n=206)          Year 2 (n=172)       0.6         Year 1 (n=206)       0.5         Year 2 (n=172)          Year 1 (n=206)       0.5         Year 2 (n=172)          Year 1 (n=206)       1.5         Year 2 (n=172)       0.6         Year 1 (n=206)       1.5         Year 1 (n=206)       1.9	Year 1 (n=206)       1.5       5.4         Year 2 (n=172)        4.7         Year 1 (n=206)       1.9       5.3         Year 2 (n=172)        2.9         p Year 1 (n=206)       1.0       7.8         Year 2 (n=172)       0.6       9.3         Year 1 (n=206)        10.7         Year 2 (n=172)       0.6       7.6         Year 1 (n=206)       0.5       10.2         Year 2 (n=172)        11.0         Year 1 (n=206)       0.5       8.7         Year 2 (n=172)        5.8         Year 1 (n=206)       1.5       13.1         Year 2 (n=172)       0.6       13.4         Year 1 (n=206)       1.9       11.2	Year 1 (n=206)1.55.492.6Year 2 (n=172)4.794.8Year 1 (n=206)1.95.391.3Year 2 (n=172)2.996.5p Year 1 (n=206)1.07.889.8Year 2 (n=172)0.69.389.5Year 1 (n=206)10.788.8Year 2 (n=172)0.67.691.3Year 1 (n=206)0.510.288.3Year 2 (n=172)11.088.4Year 1 (n=206)0.58.788.3Year 1 (n=206)1.513.184.0Year 2 (n=172)5.892.4Year 1 (n=206)1.513.184.0Year 2 (n=172)0.613.485.5Year 1 (n=206)1.911.275.7

 On a scale from 1 to 3, respondents (n=171) on average ranked their satisfaction with the funded partner at 2.9.

Participants were most satisfied with how programs were respectful of their culture and language.

Participants were least satisfied with programs' hours of operation and connection between
organizations.

	Time 1 Frequency	Time 1 Percent (n=204)	Time 2 Frequency	Time 2 Percent (n=115)
Information & Referral	78	37.9	37	32.2
Screenings & Assessments	74	35.4	42	36.5
High Intensity Consultations and Interventions	43	20.9	51	44.3
Parent Education	38	18.4	14	13.0
Play Groups	36	17.4	23	20.0
Home Visits	21	10.2	20	17.4
Literacy and School Transition	13	6.3	14	13.0
Community Capacity Building	7	3.4	0	0

#### Exhibit 42. Number and percent of families that utilized services by Modality Service Categories+

Source: First 5 Monterey County Persimmony Database, 2011

•Please refer to Appendix B for a list of which service types/modalities are included in each of the nine service categories.

Ext	hibit 43. Total service utilization	on (units of a	ser	vice) by Modality Service	Categories
		Time 1			Time 2
		Frequency			Frequency
1	Play Groups	618	1	High-intensity Consultations and Interventions	840
2	Parent Education	579	2	Play Groups	440
3	High Intensity Consultations and Interventions	393	3	Home Visits	290
4	Information & Referral	318	4	Information and Referral	166
5	Home Visits	155	5	Parent Education	108
6	Screenings & Assessments	140	6	Screenings and Assessments	74
7	Child Development Services	59	7	Literacy and School Transition	59
8	Community Capacity Building	21	8	Community Capacity Building	0

### Exhibit 43. Total service utilization (units of service) by Modality Service Categories

Source: First 5 Monterey County Persimmony Database, 2011

•Please refer to Appendix B for a list of which service types/modalities are included in each of the nine service categories.

115 (56.4 percent) of families continued to receive services throughout the year. This compares to 33 percent at Time 2 of the first Parent Interview cohort.

	Time 1	Time 1	Time 2	Time 2
Number of services received	Frequency	Percent	Frequency	Percent
1 service	29	14.1	18	15.7
2-5 services	85	41.5	40	15.3
6-10 services	31	15.1	18	6.8
11 or more services	60	27.3	187	71.1

#### Exhibit 44. Number of Services Received per Respondent (n=205)

Source: First 5 Monterey County Persimmony Database, 2011

- At Time 1, the number of services received ranged from 1 to 112. Respondents, on average, received/accessed 11.1 services. The median number of services was 5.
- At Time 2, the number of services received ranged from 1 to 263. Respondents on average received/accessed 17.7 services.

#### Exhibit 45. Average duration in hours per respondent of services received

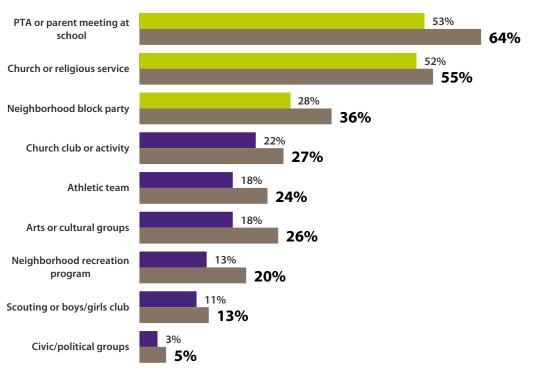
	Mean Hours	Median Hours
Play Groups	39.6	14.0
Home Visits	20.0	15.6
High Intensity Consultations and Interventions	16.1	4.0
Literacy and School Transition	11.4	5.5
Parent Education	10.6	3.5
Information & Referral	4.1	2.0
Screenings & Assessments	3.7	2.0

Source: First 5 Monterey County Persimmony Database, 2011

•Please refer to Appendix B for a list of which service types/modalities are included in each of the nine service categories.

## Neighborhood Connectedness and Community Resources

In this evaluation, only one item from the Neighborhood Environment for Children Rating Scales (NECRS) was used asking respondents to indicate how long they have lived in their current neighborhood. Additionally, there were 9 items (not part of the NECRS) which asks about the respondents' participation in activities in their community. Activities were rated as being used (yes) or not (no) and the number of "yes" responses was summed to create a score for the total number of community activities in which the respondent engaged. A higher score on this scale indicates greater involvement in community activities, which would be indicative of their connectedness to the neighborhood. As well, the more years the respondent has lived in the neighborhood also indicates greater connectedness.



#### Exhibit 46. Neighborhood activities that respondents reported participating in last 2 months

(Time 1 n=206; Time 2 n=174)

 There was an overall increase in the percentage of respondents who reported participating in neighborhood activities.

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=206)	Year 2 Percent (n=172)
No activities	34	19	16.5	11.0
1-2 activities	91	74	44.2	43.0
3-4 activities	62	50	30.1	29.1
5 or more activities	19	29	9.2	16.9

#### Exhibit 47. Number of Neighborhood Activities in last 2 Months

Respondents on average participated in 3 activities in the past 2 months, compared to 2 activities at Time 1.

The average respondent (n=171) had lived in their neighborhood for 67.4 months (5.6 years).

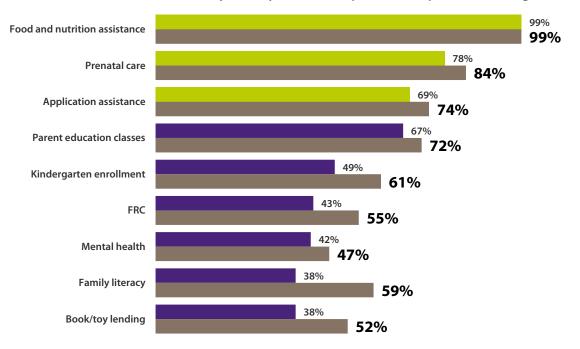
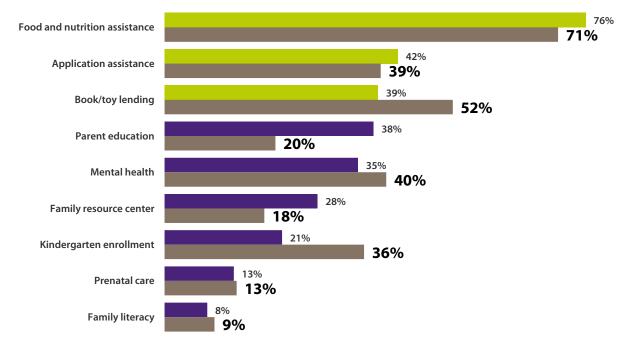


Exhibit 48. Monterey County services respondents reported knowing

 Overall there was an increase in the percent of families who reported knowing about a community service at Time 222

Percent of Services (9 total)	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=206)	Year 2 Percent (n=172)
0-2 services	22	10	10.7	5.8
3-5 services	99	60	48.1	34.9
6-7 services	49	55	23.8	32.0
8-9 services	36	47	17.5	27.3

In Year 1, on average, respondents were aware of 58% of services. In Year 2, on average, respondents were aware of 67% of services.



## Exhibit 50. Monterey County services respondents reported receiving

	Time 1	Time 1 Percent	Time 2	Time 2 Percent
Percent of Services Received (9 total)	Frequency	(n=206)	Frequency	(n=174)
0-2 services	147	71.4	118	67.8
3-5 services	56	27.2	53	30.5
6-7 services	3	1.5	3	1.7

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
People in my neighborhood generally don't get along	Year 1 (n=?)	6.5	60.0	18.8	12.9	1.8
with each other	Year 2 (n=160)	3.8	68.1	11.3	15.0	1.9
People in my neighborhood	Year 1 (n=?)	3.6	17.4	11.4	56.9	10.8
can be trusted	Year 2 (n=160)	1.9	26.9	12.5	54.4	4.4
My neighborhood is a good	Year 1 (n=?)	1.2	10.5	4.7	55.2	28.5
place to raise children	Year 2 (n=169)	0.6	14.8	6.5	63.3	14.8
People in my neighborhood are willing to help their	Year 1 (n=?)	2.9	11.7	9.4	53.8	22.2
neighbors	Year 2 (n=162)	1.2	14.8	8.0	65.4	10.5
l live in a close-knit	Year 1 (n=?)	2.4	20.7	15.4	50.9	10.7
neighborhood	Year 2 (n=168)	1.8	32.7	13.7	46.4	5.4
l disagree with the way my neighbors discipline their	Year 1 (n=?)	3.1	32.5	40.6	21.9	1.9
children	Year 2 (n=141)	2.1	44.7	27.7	22.7	2.8
People in my neighborhood do not share the same values		4.3	39.6	20.7	33.5	1.8
as me	Year 2 (n=155)	2.6	47.1	20.6	28.4	1.3
Any adult has the right to verbally correct a	Year 1 (n=?)	9.4	38.6	9.4	36.3	6.4
neighborhood child if the parents are not around.	Year 2 (n=169)	3.0	46.2	10.1	39.6	1.2
Neighbors should mind their own business about their	Year 1 (n=?)	6.5	31.5	14.3	35.7	11.9
neighbor's children	Year 2 (n=164)	3.0	43.9	10.4	37.8	4.9

#### Exhibit 52. Neighborhood Family Environment

• On a scale of 1-5 ("5" being a safe and family neighborhood environment) the average score was 3.3. There was no change from Time 1.

## **Internet Access**

#### **Exhibit 53. Internet Access**

		Frequency	Percent
Yes	Year 1 (n=206)	77	37.4
Tes	Year 2 (n=172)	101	58.7

### Exhibit 54. How is internet accessed?

	Year 1 Frequency	Year 2 Frequency	Year 1 Percent (n=77)	Year 2 Percent (n=101)
Home Computer	69	72	33.5	71.3
Library	60	34	29.1	33.7
Friend's/relative's house	27	18	13.1	17.8
Mobile phone	46	51	22.3	50.5
Other	5	2	2.4	2.0

## **Preliminary Associations**

## **Outcomes by Key Independent Variables**

#### **Parent-Child Activities**

Exhibit 55. Key independent variables associated with frequency of reading to child							
	Chi-squa	re analysis	T-test				
	(p-v	alue)	(p-value)				
	Time 1	Time 2	Time 1	Time 2			
Parent Level of Education	p<.05*	ns	p<.05*	ns			
Primary Family Language			p<.01**	ns			
** - 05 *** - 01 **** - 001							

\*p<.05, \*\*p<.01, \*\*\*p<.001

#### Exhibit 56. Frequency of Reading to Child by Parent's Education

	Not at all in last week	Once or twice	Three or more	Every day
Less than high school (n=107)	4.7%	24.3%	26.2%	44.9%
Time 2(n=100)	) 0%	17.0%	35.0%	48.0%
High school graduate (n=29)	3.4%	13.8%	51.7%	31.0%
Time 2(n=56)	3.6%	7.1%	41.1%	48.2%
More than high school (n=26)	0%	7.7%	30.8%	61.5%
Time 2(n=12)	) 0%	8.3%	25.0%	66.7%

- At Time 2 parents with less than a high school education were no more likely than parents with more than a high school education to read to their children everyday.
- A higher proportion of parents with a high school education read to their children compared to Time 1. More than one-third reported reading 3 or more times per week and almost half reported reading everyday. This is nearly the same proportions as those with a high school degree at Time 2.

Independent Variables		T1 n	T1 Mean	T2 n	T2 Mean
Parent level of education	Less than high school	99	3.1	113	3.4
	High school graduate	35	3.1	44	3.2
	More than high school	29	3.5*	10	3.5
Primary language spoken to child	English only	10	3.6**	14	3.7
	English and another language	55	3.4	62	3.4
	Other language only	102	3.0	93	3.2

## Exhibit 57. T-test findings for frequency of reading to child

• Parents who speak a language other than English to their child are just as likely to read frequently to their child as those who speak English only.

Exhibit 58. Key independent variables associated with daily reading to child					
	Chi-square analysis (p-value)				
	Time 1	Time 2			
Mother's Ethnicity	p<.05	ns			
Parent Level of Education	p<.05	ns			
Family Income	p<.01**	ns			

#### . . . . . . . . • • . . • • • . .. .. .

## Exhibit 59. Reads Daily to Child by Mother's Ethnicity

	No	Yes
Hispanic (n=157)	56.7%	43.3%
Time 2 (n=155)	52.3%	47.7%
White, Non-Hispanic (n=5)	0%	100%
Time 2 (n=6)	16.7%	83.3%
Other (n=5)	40.0%	60.0%
Time 2 (n=5)	40.0%	60.0%

## Exhibit 60. Reads Daily to Child by Parent's Education

	No	Yes
Less than high school (n=107)	55.1%	44.9%
Time 2 (n=100)	52.0%	48.0%
High school graduate (n=29)	69.0%	31.0%
Time 2 (n=56)	51.8%	48.2%
More than high school (n=26)	38.5%	61.5%
Time 2 (n=12)	33.3%	66.7%

	No	Yes
\$15,000 or less (n=50)	60.5%	39.5%
Time 2 (n=23)	52.2%	47.8%
\$15,000 to \$30,000 (n=50)	59.6%	40.4%
Time 2 (n=64)	46.9%	53.1%
\$30,000 to \$50,000 (n=26)	41.7%	58.3%
Time 2 (n=30)	50.0%	50.0%
\$50,000 or more (n=18)	18.2%	81.8%
Time 2 (n=7)	28.6%	71.4%

## Exhibit 61. Reads Daily to Child by Family Income

## Exhibit 62. Key independent variables associated with parent-child activities done 3 or more times in the past week

	T-test (p-value) Time 1 Time 2		
Mother's education	p<.01**	ns	
Parent Level of Education	p<.01**	ns	
Primary Family Language	p<.05*	ns	

## Exhibit 63.T-test results for parent-child activities done 3 or more times in the past week

Independent variables		T1 n	T1 Mean	T2 n	T2 Mean
Mother's Education	Less than high school	136	3.7	114	5.4
	High school graduate	34	4.2	45	5.2
	More than high school	29	5.2**	10	6.0
Parent level of education	Less than high school	125	3.7	101	5.3
	High school graduate	43	3.8	57	5.3
	More than high school	32	5.5**	12	6.1
Primary language spoken to child	English only	16	5.3*	14	6.5
	English and another language	68	4.4	63	5.3
	Other language only	122	3.6	94	5.2

	T-test (p-value)		
	Time 1	Time 2	
Child's Ethnicity	p<.01**	ns	
Mother's ethnicity	p<.01**	ns	
Mother's education	p<.001***	p<.05*	
Father's education	p<.01**	p<.05*	
Parent Level of Education	p<.001***	p<.01**	
Primary Family Language	p<.001***	ns	
Poverty Status	p<.01**	ns	
Family Income	p<.01**	ns	

## Exhibit 64. Key independent variables associated with emotional support subscale

### Exhibit 65. Emotional support subscale t-test results

Independent variables		T1 n	T1 Mean	T2 n	T2 Mean
Child's ethnicity	Hispanic/Latino	181	3.3	159	3.6
	White, Non-Hispanic	7	4.5**	4	4.4
	Other	10	3.6	8	3.8
Mother's ethnicity	Hispanic/Latino	190	3.3	157	3.6
	White, non-Hispanic	8	4.4**	6	4.5
	Other	8	2.8	5	3.6
Mother's level of educatior	Less than high school	136	3.0	114	3.5
	High school graduate	34	3.6	45	4.0*
	Some college	29	4.0***	10	3.8
Father's level of education	Less than high school	132	3.2	117	3.5
	High school graduate	28	3.6	29	4.1*
	Some college	12	4.0**	5	3.4
Parent level of education	Less than high school	125	3.0	101	3.4
	High school graduate	43	3.6	57	4.0**
	Some college	32	4.0***	12	3.7
Primary language spoken to child	English only	16	4.0***	14	4.2

Independent variables		T1 n	T1 Mean	T2 n	T2 Mean
	English and another language	68	3.6	63	3.6
	Other language only	122	3.0	94	3.6
Family in poverty	Yes	99	3.1	70	3.6
	No	52	3.7**	54	3.8
Family income	\$15,000 or less	49	3.1	23	3.6
	\$15,000 to \$30,000	57	3.3	64	3.8
	\$30,000 to \$50,000	26	3.3	30	3.7
	\$50,000 or more	14	4.2**	7	3.7

Exhibit 66. Key independent variables associated with parental distress subscale

	T-test (p-value)		
	Time 1 Time 2		
Mother's ethnicity	p<.05*	ns	
Poverty Status	p<.05*	ns	

## Exhibit 67. Parental distress subscale t-test results

Independent variables		T1 n	T1 Mean	T2 n	T2 Mean
Mother's ethnicity	Hispanic/Latino	190	3.4	114	3.5
	White, non-Hispanic	8	3.8*	45	3.7
	Other	8	2.8	10	3.7
Family in poverty	Yes	99	3.36	70	3.6
	No	52	3.63*	54	3.5

## **Early Care and Education**

## Exhibit 68. Key independent variables associated with child attending preschool/child care center/pre-K

	Chi-square analysis (p-value)		
	Time 1	Time 2	
Child's ethnicity	p<.05*	ns	
Mother's ethnicity	p<.05*	ns	

## Exhibit 69. Attends preschool by Child's Ethnicity

	No	Yes
Hispanic (n=84)	75.0%	25.0%
Time 2 (n=111)	58.6%	41.4%
White, Non-Hispanic (n=4)	50.0%	50.0%
Time 2 (n=3)	66.7%	33.3%
Other (n=5)	20.0%	80.0%
Time 2 (n=5)	40.0%	60.0%

#### Exhibit 70. Attends preschool by Mother's Ethnicity

	No	Yes
Hispanic (n=85)	75.3%	24.7%
Time 2 (n=109)	59.6%	40.4%
White, Non-Hispanic (n=5)	40.0%	60.0%
Time 2 (n=4)	75.0%	25.0%
Other (n=6)	33.3%	66.7%
Time 2 (n=3)	33.3%	66.7%

## Service Utilization by Key Independent Variables

	Home Visits	Play Groups	High-intensity consultations/ Interventions	Information & Referral	Parent Education	Screening and Assessments	Literacy and Schl Transition
Hispanic (n=181)	9.4% (17)	16.0% (29)	18.8% (34)	39.2% (71)	17.7% (32)	36.5% (66)	6.6% (12)
Time 2 (n=159)	9.4% (15)	12.6% (20)	26.4% (42)**	22.0% (35)	8.2% (13)	24.5% (39)	8.8% (14)
White, Non-Hispanic (n=7)	14.3% (1)	71.4% (5)**	14.3& (1)	14.3% (1)	42.9% (3)	0	14.3% (1)
Time 2 (n=4)	0	50.0% (2)	0	0	0	0	0
Other (n=10)	20.0%(2)	20.0% (2)	60.0% (6)**	20.0% (2)	20.0% (2)	50.0% (5)	0
Time 2 (n=8)	37.5% (3)*	12.5% (1)	75.0% (6)**	25.0% (2)	12.5% (1)	25.0% (2)	0

#### Exhibit 71. Percent of Respondents who Received Services by Child's Ethnicity

- At Time 2, parents of "other" race(s) were more likely to have participated in home visits than in other services compared to the services other ethnicities were likely to participate in.
- Parents identified as "other" race/ethnicities were more likely to have participated in high intensity consultation and intervention services than in other services compared to the services other ethnicities were likely to participate in, however there was an increase in the proportion of Hispanic families who received these services.

	Home Visits	Play Groups	High-intensity consultations/ Interventions	Information & Referral	Parent Education⁺	Screening and Assessments	Literacy and Schl Transition
Less than high school (n=125)	10.3% (14)	12.0% (15)	17.6% (22)	40.0 (50)	13.2% (18)	37.6% (47)	5.6% (7)
Time 2 (n=101)	10.9% (11)	9.9% (10)	26.7% (27)	23.8% (24)	7.9% (8)	27.7% (28)	6.9% (7)
High school graduate (n=43)	8.8% (3)	25.6% (11)	20.9% (9)	39.5% (17)	35.3% 12)	32.6% (14)	9.3% (4)
Time 2 (n=57)	7.0% (4)	19.3% (11)	29.8% (17)	19.3% (11)	5.3% (3)	21.1% (12)	10.5% (6)
More than high school (n=32)	6.9% (2)	28.1% (9)	28.1% (9)	31.3% (10)	24.1% (7)	28.1% (9)	3.1% (1)
Time 2 (n=12)	16.7% (2)	16.7% (2)	25.0% (3)	8.3% (1)	25.0% (3)	8.3% (1)	8.3% (1)

#### Exhibit 72. Percent of Respondents who Received Services by Parent's Education

- Parents with more than a high school education were more likely to have participated in play groups than those with a high school education or less.
- Parents less than a high school education were more likely to have participated in parent education services that parents with higher leves of education.

	Home Visits	Play Groups	High-intensity consultations/ Interventions	Information & Referral	Parent Education	Screening and Assessments	Literacy and Schl Transition
English (n=16)	18.8% (3)*	31.3% (5)*	50.0% (8)**	18.8% (3)	18.8% (3)	43.8% (7)	6.3% (1)
Time 2 (n=14)	21.4% (3)	14.3% (2)	42.9% (6)	28.6% (4)	7.1% (1)	14.3% (2)	0
English and another language (n=68)	16.2% (11)	23.5% (16)	20.6% (14)	39.7% (27)	23.5% (16)	25.0% (17)	7.4% (5)
Time 2 (n=63)	14.3% (9)	17.5% (11)	31.7% (20)	20.6% (13)	9.5% (6)	19.0% (12)	7.9% (5)
Other language only (n=122)	5.7% (7)	12.3% (15)	17.2% (21)	39.3% (48)	15.6% (19)	40.2% (49)	5.7% (7)
Time 2 (n=94)	7.4% (7)	10.6% (10)	24.5% (23)	21.3% (20)	7.4% (7)	29.8% (28)	9.6% (9)

## Exhibit 73. Percent of Respondents who Received Services by Primary Family Language

	Home Visits	Play Groups	High-intensity consultations/ Interventions	Information & Referral	Parent Education	Screening and Assessments	Literacy and Sch Transition
\$15,000 or less (n=49)	8.2% (4)	10.2% (5)	34.7% (17)	40.8% (20)	8.2% (4)	44.9% (22)	8.2% (4)
Time 2 (n=23)	4.3% (1)	13.0% (3)	34.8% (8)	8.7% (2)	13.0% (3)	4.3% (1)	21.7% (5)*
\$15,000 to \$30,000 (n=57)	7.0% (4)	24.6% (14)	12.3% (7)**	40.4% (23)	19.3% (11)	31.6% (18)	10.5% (6)
Time 2 (n=64)	12.5% (8)	15.6% (10)	32.8% (21)	28.1% (18)	4.7% (3)	28.1% (18)	7.8% (5)
\$30,000 to \$50,000 (n=26)	3.8% (1)	7.7% (2)	3.8% (1)**	34.6% (9)	19.2% (5)	38.5% (10)	3.8% (1)
Time 2 (n=30)	10.0% (3)	3.3% (1)	16.7% (5)	16.7% (5)	6.7% (2)	20.6% (6)	0
\$50,000 or more (n=14)	21.4% (3)	28.6% (4)	35.7% (5)	28.6% (4)	35.7% (5)	35.7% (5)	0
Time 2 (n=7)	0	14.3% (1)	28.6% (2)	0	14.3% (1)	14.3% (1)	0

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\*p<.05, \*\*p<.01, \*\*\*p<.001

Families that earn \$15,000 or less in household income were more likely to receive literacy and school transition services.

	Home Visits	Play Groups	High-intensity consultations/ Interventions	Information & Referral	Parent Education	Screening and Assessments	Literacy and Schl Transition
Employed (n=102)	9.8% (10)	24.5% (25)**	20.7% (17)	31.4% (32)	23.5% (24)*	29.4% (30)	9.8% (10)*
Time 2 (n=94	) 5.3% (5)	17.0% (16)	20.2% (19)	17.0% (16)	9.6% (9)	18.1% (17)	7.4% (7)
Not employed (n=82)	4.9% (4)	7.3% (6)	17.6% (18)	48.8% (40)*	12.2% (10)	42.7% (35)	2.4% (2)
Time 2 (n=54	) 14.8% (8)*	11.1% (6)	33.3% (18)*	29.6% (16)	5.6% (3)	29.6% (16)	5.6% (3)

#### Exhibit 75. Percent of Respondents who Received Services by Father's employment status

- At Time 2, families where the father was not employed were significantly more likely to receive home visitation services and high intensity consultation services.
- It is interesting to see the possible connection between a significant number of families receiving information and referral services at Time 1 and home visit and high-intensity consultation/intervention services at Time 2.

# **Appendix A**

## **Descriptions of Existing Scales and Measures Used in Parent Survey**

#### Parenting Stress Index Short Form Parental Distress Scale

Parental stress is an important indicator of parenting behavior and attitudes and has been found to be related to the quality of the parent-child relationship in infancy and beyond, and to children's social skills. Parents with high levels of stress have been found to be less sensitive to their infants, and higher levels of children's attachment insecurity were found in dyads with more stressed parents. Parental stress also influences parent disciplinary practices (e.g., commands to the child, inadvertent or unwitting reinforcement of aversive child behavior, and coercive interchanges) that directly promote and escalate aggressive and oppositional child behavior (Patterson, Reid, & Dishion, 1992; Sanders, Dadds, & Bor, 1989). More specifically, stress appears to increase parent irritability and attention to deviant behavior and the likelihood that parents initiate or maintain aversive interchanges with their children or counterattack in response to child aggression (Patterson, 1988; Patterson & Forgatch, 1990; Wahler & Dumas, 1989).

In this evaluation, all seven items from the Parental Distress subscale, one of the three main subscales of the PSI Short Form (PSI/SF; Abidin, 1990; 1995) were used. Parental Distress indicates the level of distress resulting from personal factors such as depression or conflict with a partner and from life restrictions due to the demands of child-rearing. All items were rated by parents on a five-point scale, and the total score reflects the average of all items on the five-point scale with high scores indicating lower levels of parental distress.

#### MOSS – social support survey

Low levels of perceived social support by parents has been related to less effective parenting styles and to parents not making use of resources in the community to obtain help. Lower perceived social support has also been related to poor health and parental depression among a variety of other factors which can affect the parent's ability to be nurturant and responsive to the child. Seven items from the emotional support subscale of the Medical Outcomes Study Social Support Survey were used in this evaluation. The Social Support Survey instrument was developed for patients in the Medical Outcomes Study (MOS), a two-year study of patients with chronic conditions. All items are rated by parents on a 5-point scale from less to more support and a higher score indicates the individual reports receiving greater emotional support.

#### Neighborhood Environment for Children Rating Scale

The Neighborhood Environment for Children Rating Scales (Coulton and Korbin, 1996) measure parental perceptions of neighborhood quality. This instrument recorded parents' perceptions of various characteristics of their neighborhoods. Investigators subsequently used parents' responses to derive neighborhood level process measures. The neighborhood characteristics studied by the scale included neighborhood resources, conceptualized to include neighborhood quality and facility availability, and social control, conceptualized to involve lack of control of children and level of neighborhood disorder. In this evaluation, only one item was used asking respondents to indicate how long they have lived in their current neighborhood. Additionally, there were 9 items not actually part of the NECRS which asks about the respondents' participation in activities in their community. Activities were rated as being used (yes) or not (no) and the number of "yes" responses was summed to create a score for the total number of community activities in which the respondent engaged.

A higher score on this scale indicates greater involvement in community activities, which would be indicative of their connectedness to the neighborhood, as well the more years the respondent has lived in the neighborhood also indicates greater connectedness. Neighborhood connectedness is related to greater supports and resources that parents can call upon to assist in times of need and is related to positive mental health, lower depression and more positive parenting behaviors.

#### **Parental Reading**

Research has consistently shown the strong relationship between parents who read to their children daily and the children's subsequent language and emergent literacy skills as they enter kindergarten. This evaluation has used two questions that have been widely used in local, state, and national studies. The first question asks how often a member of the family read to the child in the past week, from none, once or twice, three or more times, or every day. The second question asks how much time was spent at each sitting reading to the child. Percentages of parents who read at each level are reported and in particular the percentage of parents who read daily, and these are compared with national norms for a national Head Start sample of preschool-aged children.

#### Parent-Child (Home Educational) Activities

The level of stimulation the child receives in the home environment, principally through joint activities with a parent or another household member, has been shown to be strongly predictive of the child's later emergent literacy skills and is also significantly related to parental warmth and use of positive discipline practices. In this evaluation, 10 items asked respondents to indicate which family activities (such as telling a story; teaching letters, words, or numbers; teaching songs; or going on errands) were undertaken by the family members with the children in the past week. These items were developed for several national studies and the frequency of each activity as well as the number of total activities done on a weekly basis and for three or more times in the week can be calculated and compared to a national Head Start sample.

# **Appendix B: Service Categories and Types**

The table below lists the broad service categories used to group the many First 5 Monterey County service types provided by the funded partners.

Service Categories	Service types/modalities
Home Visit	Soledad PAT Home Visit, Salinas Adult School Home Visit, Behavioral Health: Home Visit, Alisal Home Visit, Cabrillo PAT Home Visit, CAP Home Visit, Castro PAT Home Visit, Home Visit, King City PAT Home Visit
Playgroups	Cabrillo Play and Learn - evening. Cabrillo Play and Learn, Castro Parenting and Play session, Crumpton Play and Learn, Highland Play and Learn, King City Mommy and Me Class (a.k.a. King City Group Meeting), Marshall Play and Learn, Pueblo del Mar Play and Learn
High-intensity Consultation and Interventions	Behavioral Health (BH) Collateral, BH Dyadic Therapy, BH Case Management Session, BH Individual Therapy, BH PCIT, BH Group Therapy, BH Medical Intervention, BH Plan Development, BH Consultation, BH Home-based Therapy, MCSTART FRC Session, MCSTART Occupational Therapy Session, MCSTART Individual Therapy Session, MCSTART Group Therapy Session, MCSTART Medical Intervention, MCSTART Case Management Session, MCSTART-DTH Case Management follow-up, MCSTART-DTH Case Management phone call, MCSTART-DTH Case Management Session, Avance PCIT Therapy, CAP Counseling Session, CAP Eduardo Eisner Therapy, CAP Office Visit, Easter Seals PLAY Instruction
Information and Referral	Alisal Information Provided, Alisal Phone Call, All Parent Kit, Cabrillo Resource Room, Castro Toy Lending, Support Center with completing forms: food stamp forms, welfare forms, unemployment forms, Information/ Referral Center on health services and social programs, other aid center, La Hora Triqui Caller, Referrals: Alisal FRC, Avance, Centro Binacional, Children's Behavioral Health, Community Oral Health Services, Dads in Action, MCSTART Door to Hope, King City FRC, Pajaro FRC, Probation Department, Salinas Adult School, Salinas Public Library, Soledad Adult School, MCSTART Phone Call, Alisal Healthy Families Application Assistance, Alisal Health Families Extra Assistance, Information/ Enrollment Center for health insurance, Pajaro Health Insurance
Parent Education Classes	Soledad Parent Group, Salinas Public Library Adult Literacy, Salinas Public Library English Literacy Tutoring, Salinas Public Library Spanish Literacy Tutoring, Salinas Public Library Story Time, Salinas Public Library GED, Alisal Nutrition Class, Alisal Respite Care, Alisal Support Group, Cabrillo Parent Topic Day, Cabrillo Parenting Class, Cabrillo Yoga, CAP PEACCE Class, Castro Parent Education Class, Dads Boot Camp, Dads Father development Class, Dads Teen Father Workshop, King City Book Club session, King City Workshop, Pajaro Parent Education Meetings, Alisal Stories of my Family, Alisal Community Plaza, Pajaro Hall Preschool Parent Meeting
Screenings and/or Assessments	MCSTART Intake, MCSTART Assessment, MCSTART Assessment, MCSTART-DTH Initial Screening, Behavioral health Assessment/Screening
Community Capacity Building	Salinas Public Library Story Time Training for Providers, Cabrillo FFN Training, ECERS Training, Neighborhood Grants (NG) Information Dissemination Funding Opportunities, NG Information Dissemination Tobacco Cessation, NG Technical Assistance Member Development, NG Technical Assistance Organizational Assessment Vision and Mission Statement
Literacy and School Transition	Castro Kinder Transition Activity, Castro Summer Bridge Day, Pajaro Student-in-Transition, Cabrillo Book Lending Library, Pajaro Raising a Reader sites (9),