<table>
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<tr>
<th>Title</th>
<th>Description</th>
<th>Dates/Time</th>
<th>Instructor(s)</th>
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<tr>
<td><strong>SATURDAY</strong></td>
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| **IFECMH Foundational Series** | Sessions will focus on the development and support of the relational health of infants and young children and their families within the sociopolitical context of their environment and communities. | Saturdays 9 AM – noon:  
- September 17  
- October 22  
- December 3, 2022  
- January 21  
- March 4 IN PERSON  
- April 15, 2023 | - Mary Claire Heffron
- Tala Ghantous
- Vilma Reyes | The Foundational Series is offered in 3 English and 1 Spanish learning groups. Each learning group will offer sessions for clinical providers as well as diverse service providers, administrators, and educators. The six sessions include 5 virtual sessions and one in-person session. |
| **IFECMH Foundational Series Spanish** | | | Carlos Guerrero | |
| **Parental Mental Health and the First Year of Life: The Importance of the Caregiving Relationship** | Sessions will examine the impact of parental mental health on child development during the first year of life. Themes include how temperament can impact the parent-child relationship and how self-regulation develops within the infant parent relationship. | Fridays 12:30 – 3 PM:  
- January 27  
- February 17  
- March 24  
- April 28, 2023 | Tala Ghantous
Jennifer Golden | This four-part series will build on some of the themes from last year’s seminar *Pregnancy and the First Year of Life* and support a deeper understanding of how we can support families during this critical period. Sessions will be conducted in English with simultaneous Spanish interpretation available. |
| **Facilitating Attuned Interactions (FAN) Reflective Practice** | Sessions are designed to support service providers in the integration and application of FAN© reflective strategies in their everyday work. They will also help build a community of practice for providers currently using the FAN. | Wednesdays 4 - 5:30 PM:  
- October 12  
- November 9  
- December 7, 2022  
- January 11  
- February 8  
- March 8, 2023 | Jennifer Murphy-Sims | Successful completion of FAN© (Facilitating Attuned Interactions) Level 1 training is required for participation. (This is not a FAN training). |
<p>| <strong>Facilitating Attuned Interactions (FAN) Reflective Practice Spanish</strong> | | | | |</p>
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<td>WEE K DAY</td>
<td>Understanding Social-Emotional Development of Children Prenatal to 5 to Make a Bigger Impact</td>
<td>Tuesdays 1:30 – 4 PM: • October 18 • November 15, 2022 • January 24 • February 14, 2023</td>
<td>Vivette Catipon</td>
<td>Sessions are open to administrators and direct service staff who are able to participate during normal business hours and are unable to attend the Saturday Foundational series. Participants are encouraged to attend all sessions (but not required).</td>
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<td>EVENING</td>
<td>Healing and Popular Culture</td>
<td>Wednesdays 6:30-8:30 PM: • March 15 • March 22 • March 29, 2023</td>
<td>Vilma Reyes, Tala Ghantous, Carlos Guerrero</td>
<td>Sessions will be presented in English with simultaneous Spanish interpretation.</td>
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<td>EVENING</td>
<td>La Cultura Cura: Creando puentes congruentes y conscientes</td>
<td>Wednesdays 6:30– 8:30 PM: • January 11 • February 8 • March 8, 2023</td>
<td>Vilma Reyes, Monica Noriega</td>
<td>Sessions are presented in Spanish (simultaneous interpretation is not provided). Bilingual/bicultural providers can reflect on their work with children and families using the lens of collective trauma and linguistic equity.</td>
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<td>EVENINGS</td>
<td>Circle of Security Parenting (COSP™) Learning Group</td>
<td>Tuesdays 5 – 6:30 PM: • September 13 • November 8, 2022 • January 10 • March 14, 2023</td>
<td>Carlos Guerrero</td>
<td>Sessions are open to those who have completed COSP® training and who are currently implementing parenting groups in Monterey County. This is not a COSP training.</td>
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<td>EVENINGS</td>
<td>Circle of Security Parenting (COSP™) Learning Group</td>
<td>Tuesdays 5 – 6:30 PM: • October 11 • December 13, 2022 • February 14 • April 11, 2023</td>
<td>Carlos Guerrero</td>
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Mary Claire Heffron, Ph.D is a licensed psychologist with extensive experience in providing, supervising and developing programs for infants, young children and families and professional education for clinicians, home visitors, educators and supervisors. She is a member of the Zero to three Academy, trained as a Supervisor in Child Parent Psychotherapy, endorsed as an IFECMH mentor, and a certified Facilitating Attuned Interactions (FAN) trainer.

Tala Ghantous LCSW, is a licensed clinician and a consultant for alternative response programs and has extensive experience in providing training to varied audiences. She is certified in the Facilitating Attuned Interactions (FAN) and Child Parent Psychotherapy models and endorsed as a RPF II.

Vilma Reyes, Psy.D., is an Assistant Clinical Professor at the University of California, San Francisco in the Child Trauma Research Program. She has extensive experience providing Child-Parent Psychotherapy services, training, clinical supervision, consultation and coordinating community-based mental health outreach services and evaluation.

Carlos Guerrero, LCSW, is a licensed clinician rostered in Child Parent Psychotherapy. He is certified bilingual trainer Facilitating Attuned Interactions (FAN) and Circle of Security International. He also provides consultation related to family engagement and father involvement with playgroups.

Jennifer Golden, LCSW, is a licensed clinical with a special area of focus in supporting parents during the childbearing phase. She has experience leading parenting groups and as a Social Worker for Monterey County Family & Children’s Services (CPS). She is endorsed as an Infant Family Early Childhood Mental Health Practitioner and Reflective Practice Facilitator II (MHP & RFP II).

Facilitating Attuned Interactions© (FAN) is recognized as an effective tool to support providers in developing a framework for reflective practice within a wide variety of service settings, including home visitors, nurses, pediatricians, lawyers and mental health providers, especially those working with high-risk families and infants and toddlers in foster care. The FAN has become a national model for family engagement and reflective practice. [https://www.erikson.edu/professional-development/facilitating-attuned-interactions/](https://www.erikson.edu/professional-development/facilitating-attuned-interactions/)

Jennifer Murphy-Sims, PT, DPT, PCS, is Clinical Director of the Fussy Baby Team at UCSF Benioff Children’s Hospital Oakland. She is endorsed as an IFECMH mentor.

Vivette Catipon, MFT, has extensive consultation and training experience with Head Start Programs and is also an experienced bilingual infant family therapist and parent educator.

Monica Alejandra Noriega, Psy.D, is a licensed clinical psychologist and clinical assistant professor in the Childhood Trauma Research Program at the University of California, San Francisco. She specializes in the assessment and treatment of complex trauma among children ages 0-5 and pregnant individuals in community mental health and primary care settings.

Circle of Security Parenting™ (COSP) implements decades of attachment research in an accessible process for use in group settings, home visitation, individual counseling, among many other applications. [https://www.circleofsecurityinternational.com/](https://www.circleofsecurityinternational.com/)