Infant Family and Early Childhood Mental Health Training FY 2022-2023

First 5 Monterey County (F5MC) is pleased to announce enrollment information for the FY 22/23 Infant Family and Early Childhood Mental Health (IFECMH) training series. The series is designed to strengthen and create a community of learners among the diverse workforce of Monterey County who serve children, prenatal through age five, and their families.

IFECMH training creates spaces for participants to reflect on and share experiences of working in their unique sociopolitical environments towards expanding their knowledge and awareness regarding their work with babies, young children and their families. The different trainings focus on social, emotional, and developmental needs of infants, young children and their families including a considering culture, race, and other contextual factors shaping a young child’s development. It does so in a way that fosters relationship-based family focused programs that support, treatment, connection and healing across diverse service providers in Monterey County. All offerings seek to expand the narrative from ‘trauma informed care’ to include healing-centered engagement practices that embody race, diversity, equity and inclusion (REDI) principles. Content will also focus on past and present discrimination and struggles of those who live in the Salinas valley and expand possibilities for fully engaging clients in services that address relational health and resilience.

Participants build knowledge and an understanding of intervention skills that can be applied into their current work settings. Given the increased understanding of the significance of mental health and mental wellness, this training is important for everyone whose work touches the lives of young children and families. The training is virtual with one in-person dialogue and networking session and is free for those who work with children prenatal through age five as direct service providers, administrators, or supervisors and their families in Monterey County.

A continuum of learning opportunities with options for participation on weekdays, Saturdays and evenings is designed to support participants in meeting new colleagues, learning about new organizations, and gaining new perspectives. Participants in the IFECMH Foundational series on Saturdays will be invited to chat with the instructor and network before the start of each session - bring your own coffee! Participants enrolled in any of the IFECMH offerings will also be invited to join one Saturday morning, in-person session focused on small group dialogues and networking opportunities (held on Saturday, March 4, 2023 from 9 – noon). Additionally, each enrollee will be invited to join an engaging evening virtual session with Dr. Chandra Ghosh Ippen that will also be open to all community members (date to be announced).

The F5MC IFECMH Training offers opportunities to:

- Receive community focused local training specialized for individuals working with or responsible for implementation of programs for prenatal, infants and young children and their families
- Apply research-informed approaches in the early childhood and infant-family mental health field to your work
- Explore how quality early childhood programs are buffers against systemic racism and can promote relational health and work to heal adversities
- Explore personal understanding of REDI (race, equity, diversity, and inclusion) principles and its impact on our work.
Network and build relationships and collaboration with colleagues from many disciplines and systems.

Receive hours towards California’s infant-family and early childhood mental health endorsement system. See www.cacenter-ecmh.org for a copy of the IFECHM Training Guidelines, recommended competencies and experiential and supervision requirements for endorsement. Click on Training Guidelines on the home page.

Eligible participants can receive Continuing Education Units (CEUs). Information will be sent to those who enroll.

**Trainings are free for those working with Monterey County families who are either:**

- working directly with families with children prenatally through 5 years old;
- working with adolescents and other adults who have young children prenatally through 5 years old;
- providing supervision, consultation or training for staff working with families/children prenatally through 5 years;
- teaching or supervising students in learning placements or internships serving young children and families;
- supervisors and administrators leading programs providing services to the individuals listed above; or
- public health officials, members of the clergy, police officers and medical professionals of all kinds interested in expanding their work to include a more robust focus on young children and families.

- Please note that access to the internet and an email account are needed to participate in the trainings.

**How to Enroll**

- Read F5MC IFECMH FY 22.23 Enrollment Opportunities: [English](#) or [en Español](#)
- Submit enrollment request on or before Monday, August 22, 2022

This training announcement is also available online at:

Questions can be emailed to: Beth@first5monterey.org

Acceptance notifications will be sent the week of August 29, 2022. Requests received August 22 will be reviewed on a space available basis. Enrollment will be selected with the intent to create diverse, cross-disciplinary participants from Monterey County.

**Space is available until filled.** Enrollment will be prioritized with the intent to create diverse, cross-disciplinary participants.